

HAVE PATIENCE WITH YOURSELF
[12 Jamadilakhir 1441 / 7 February 2020]

My blessed brothers,

Fear Allah Subhanahu Wata'ala with truly devotion by improving our faith in Him. Indeed, the most virtuous person who nearness to Allah is the most righteous. Hopefully, we will become human beings who always remember Allah Subhanahu Wata'ala, gain success and salvation in the world and the hereafter.

My brothers,

Our religion require us to possess mahmudah trait which is praiseworthy and forbid Muslims to be vile to achieve happiness and glory in the life of the world and the hereafter. Imam Al-Ghazali rahimullahu in his Book of Al-Arbain Fi Usuluddin has outlined ten traits of Mahmudah namely, repentance, khauf (fear of Allah), remembering death, mahabbah (affection), zuhud (leave the pleasure of the world), tawakkal, sincere, thankful, redha (willing) and patience.

Indeed, to be having patience with yourself is the character and attitude of a virtuous person. Patience is the most powerful weapon to bear up against various tests, calamities and hardships. This is because with, a patient attitude, a person will not act beyond his thinking. People who are patient will always be calm, do not give up easily and never deny all the decrees and provisions of Allah Subhanahu Wata'ala through insults, distress and hardships. In a hadith narrated by Imam al-Bukhari, from Abu Hurairah Radhiallahu anhu, Rasulullah ﷺ said:

مَنْ يُرِدِ اللَّهُ بِهِ خَيْرًا يُصِبْ مِنْهُ

If Allah wants to do good to somebody, He afflicts him with trials.

My beloved brothers,

Allah Subhanahu Wata'ala will not give test and expectation beyond the capability of His servants. Therefore, sometimes we have tested with different trials either for pleasure or hardship, possessions such as riches or poverty. There are also when we are tested with life pressure such as social, emotional and financial pressure such as in terms of debts, household, family and so on.

Therefore, when trials and misfortunes befall on us, do not give bad impression against Allah Subhanahu Wata'ala and also assume that we are the most hapless person. We must be patient because each test have wisdom behind it. Give good impression to all determinations and provisions of Allah and try to overcome the test by finding a solution, praying, tawakkal and drew closer to Allah Subhanahu Wata'ala. Indeed the trial is to test the strength of our faith and patience. Suhaib reported that Rasulullah ﷺ said:

عَجَبًا لِأَمْرِ الْمُؤْمِنِ إِنَّ أَمْرَهُ كُلَّهُ خَيْرٌ، وَلَيْسَ ذَاكَ لِأَحَدٍ إِلَّا لِلْمُؤْمِنِ،
إِنْ أَصَابَتْهُ سَرَاءٌ شَكَرَ، فَكَانَ خَيْرًا لَهُ، وَإِنْ أَصَابَتْهُ ضَرَاءٌ صَبَرَ،
فَكَانَ خَيْرًا لَهُ { رواه الإمام مسلم }

Strange are the ways of a believer for there is good in every affair of his and this not the case with anyone else except in the case of a believer for if he has an occasion to feel delight, he thanks (God), thus there is a good for him in it, and if he gets into trouble and shows resignation (and endures it patiently), there is a good for him in it.

Remember, the test is a human nature in life because it will make us more mature, more steadfast, more patient and more aware of the power and greatness of Allah Subhanahu Wata'ala.

My brothers,

Rasulullah ﷺ has taught us an utterance which has the blessings and glory that is Istirja which is saying during calamity. Ummu Salama Radhiyallahu 'anha reported Rasulullah ﷺ as saying:

مَا مِنْ مُسْلِمٍ تُصِيبُهُ مُصِيبَةٌ فَيَقُولُ مَا أَمَرَهُ اللَّهُ : إِنَّا لِلَّهِ وَإِنَّا إِلَيْهِ رَاجِعُونَ ،
اللَّهُمَّ أَجْرِي فِي مُصِيبَتِي وَأَخْلَفْ لِي خَيْرًا مِنْهَا، إِلَّا أَخْلَفَ اللَّهُ لَهُ خَيْرًا مِنْهَا
{ رواه الإمام مسلم }

If any Muslim who suffers some calamity says, what Allah has commanded him, “We belong to Allah and to Him shall we return; O Allah, reward me for my affliction and give me something better than it in exchange for it,” Allah will give him something better than it in exchange.

Patience is the most beautiful gift that promise various gifts and rewards from Allah Subhanahu Wata'ala. Among them; has a high position on the side of Allah Subhanahu Wata'ala, will get forgiveness and mercy as well as guidance from Allah and get rewards from Allah Subhanahu Wata'ala.

Indeed, believers see the test as the door of mercy which brings them closer to the paradise of Allah Subhanahu Wata'ala. This is because the reward for those who are patient is a paradise in the hereafter. Allah Subhanahu Wata'ala mentions in Surah ar-Ra'd, verses 23-24:

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

جَنَّتُ عَدْنٍ يَدْخُلُونَهَا وَمَنْ صَلَحَ مِنْ ءَابَائِهِمْ وَأَزْوَاجِهِمْ وَذُرِّيَّتِهِمْ^ط
وَالْمَلَائِكَةُ يَدْخُلُونَ عَلَيْهِمْ مِنْ كُلِّ بَابٍ ﴿١٣﴾ سَلَامٌ عَلَيْكُمْ بِمَا صَبَرْتُمْ فَنِعْمَ

عُقْبَى الدَّارِ ﴿١٤﴾

الْعَظِيمُ اللَّهُ صَدَقَ

'Adn (Eden) Paradise (everlasting Gardens), which they shall enter and (also) those who acted righteously from among their fathers, and their wives, and their offspring. And angels shall enter unto them from every gate (saying) "Salamun 'Alaikum (peace be upon you) for you preserved in patience! Excellent indeed is the final home!"

Confront every test and trials of life with positive because even though patience is bitter but the end is beautiful and sweet. Remember, Allah will always be with us as promised in the Quran that Allah always love and be with those who are patient.

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

وَاللَّهُ يُحِبُّ الصَّابِرِينَ ﴿١٤٦﴾ صَدَقَ اللَّهُ الْعَظِيمُ

{ سورة ال عمران آية 146 }

And Allah loves as-Sabirun (the patient).